



Golden Spoke Ride 2025

West Valley City



Start: The Nature Center at Pia Okwai

3310 S 1000 W, South Salt Lake

Distance to next rest stop: 15.7 Miles

Departure: 10:00am

South Salt Lake

Murray Central Station

Murray

Taylorsville

West Jordan

Sandy

Rest Stop: Rotary Park

958 W 12300 S, Draper

Distance to next rest stop: 11.5 Miles

Departure: 11:00am

Aid available from 10:30am to 12:30pm

South Jordan

Riverton

Draper Station

Draper

Bluffdale

Rest Stop: Bull River Rd

1633 W Innovation Way, Lehi

Distance to next rest stop: 16.6 Miles

Departure: 1:00pm

Aid available from 12pm to 2pm

Lehi Station

Lehi

Highland

Murdock Canal Trail

American Fork

Pleasant Grove

London

Rest Stop: Palisade Park

1313 E 800 N, Orem

Distance to next rest stop: 9.7 Miles

Departure: 2:00pm

Aid available from 1:30pm to 3:30pm

Orem

End: Skipper Bay

Skipper Bay Trailhead, Provo

End of ride event: 2:00pm to 5:30pm



Provo River Pkwy



Provo Central Station

