



JORDAN RIVER
COMMISSION

JUNIOR RANGER

JORDAN RIVER ACTIVITY BOOK

Name



BLUFFDALE[®]

EST. 1848

Get To the River Festival!

Welcome, Junior Rangers!!

The Jordan River is a special place that flows more than 50 miles through the heart of Utah. Along its banks you can discover amazing animals like deer, beavers, foxes, frogs, turtles, fish, and even hundreds of birds that stop here as they travel across the continent!

The river connects Utah Lake in the south to the Great Salt Lake in the north. Together, these waters make a safe home and resting place for birds and wildlife. The Jordan River Parkway is also a place for people to walk, bike, paddle, and explore.

As a Junior Ranger, your mission is to discover, protect, and share the Jordan River. Let's dive in and see what adventures await!

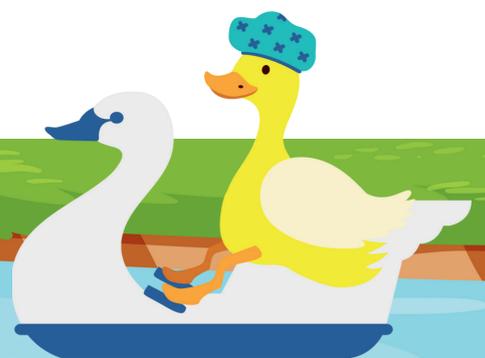


My Junior Ranger Checklist

How to Become a Jordan River Junior Ranger

To earn your Junior Ranger Badge, complete these steps:

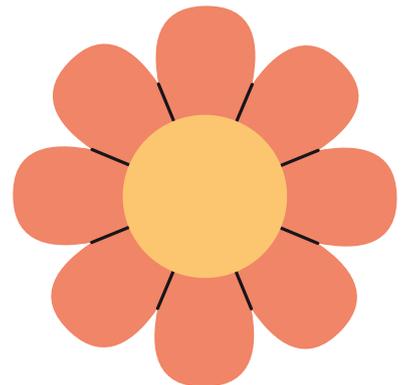
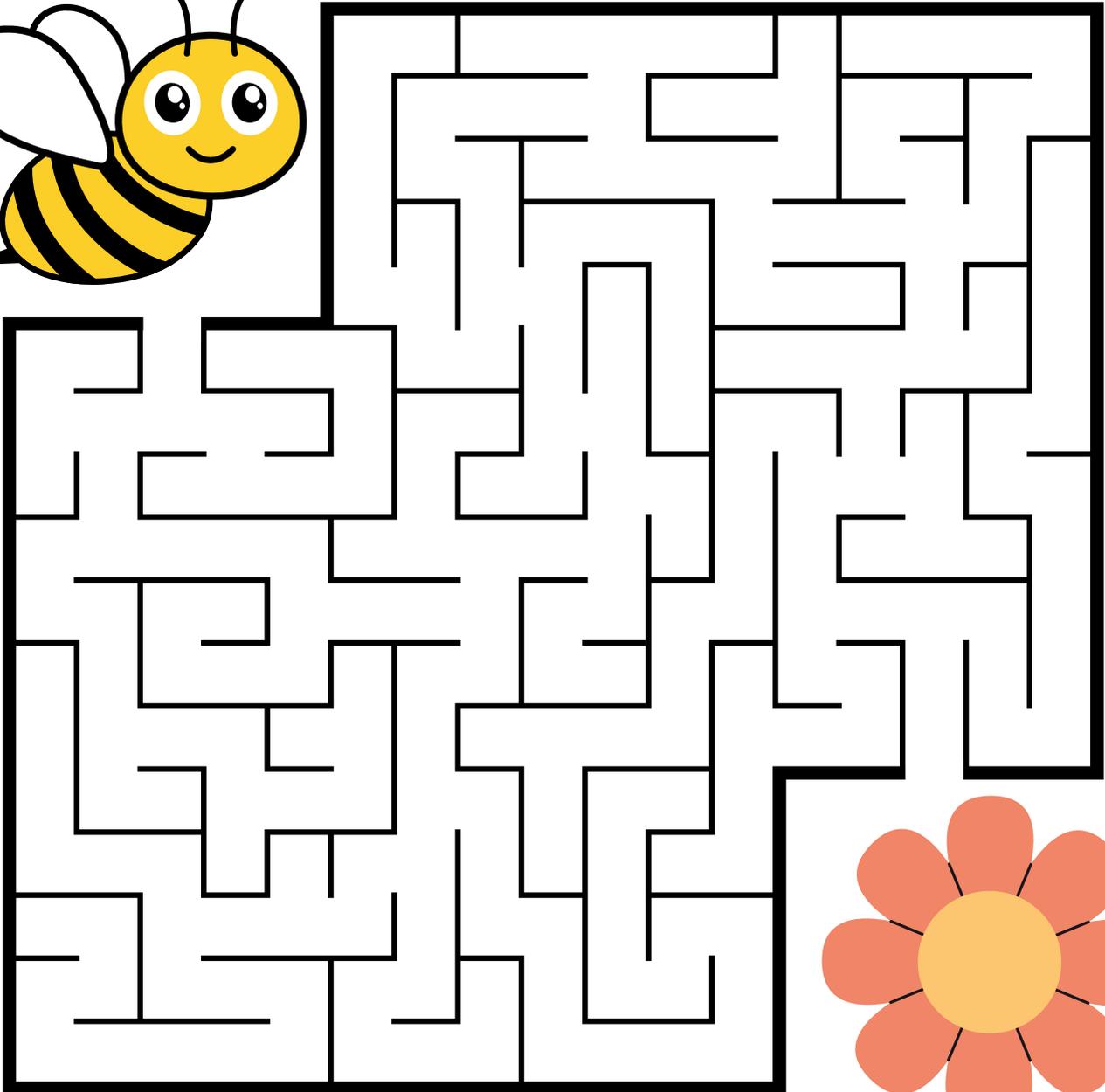
- Explore the Jordan River**
 - Walk, Bike or Explore the Jordan River and/or Parkway
 - Look and listen for wildlife and pollinators
- Complete Activities in this Booklet**
 - Ages 6 and under: Finish at least 3 activities.
 - Ages 7–9: Finish at least 5 activities.
 - Ages 10 and up: Finish at least 7 activities.
- Do Your Part to Protect the River**
 - Pick up trash, share what you've learned, plant a pollinator flower, or attend a Get to the River event (see QR code on the back of the book for details).
- Take the Junior Ranger Pledge**
 - Raise your hand, say the pledge out loud, and sign your name at the end of the booklet.
- Get Your Badge**
 - Present your finished book to Bluffdale City Hall - 2222 W 14400 S Bluffdale, UT - to receive your Jordan River Junior Ranger Badge.



Pollinator Maze

Bees, butterflies, and hummingbirds all carry pollen from flower to flower. These pollinators are busy every day helping plants grow, which gives food and shelter to many animals along the Jordan River.

Can you help the bee reach the flower?

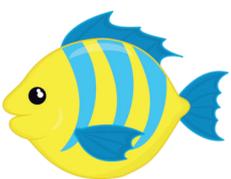
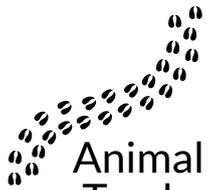
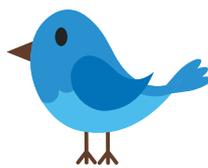


Jordan River Explorer Bingo!

You're on a quest along the Jordan River. Keep your eyes and ears open, Ranger! Each time you spot something on the card, mark it off.

Try to find as many as you can—see if you can complete a row, or even
DISCOVER THEM ALL!

B I N G O

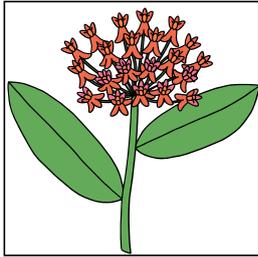
 Tree	 Snail	 Fish	 Leaf	 River
 Frog	 Bee	 Animal Tracks	 Bike	 Beaver
 Birds Nest	 Bird	 Free	 Cattail	 Trail Sign
 Squirrel	 Butterfly	 Bug	 Flowers	 Clouds
 Duck	 Rocks	 Snake	 Backpack	 Bridge

Milkweed and Monarchs

Monarchs Love Milkweed!

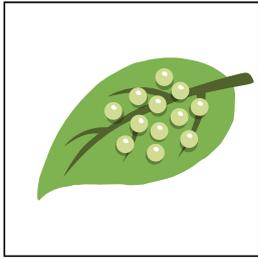
Monarch butterflies need milkweed to survive. It's the only plant where they lay their eggs, and the caterpillars can only eat milkweed leaves. Without it, monarch butterflies couldn't survive!

Match the photo with the description to follow the monarch's life cycle.



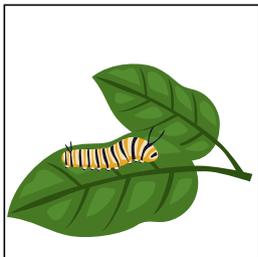
Egg Laying

Monarchs lay their tiny eggs on the underside of milkweed leaves to keep them safe until they hatch.



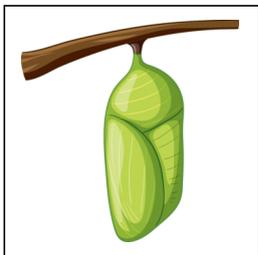
Monarch Butterfly

The final stage—an orange and black butterfly that drinks nectar from flowers and migrates long distances.



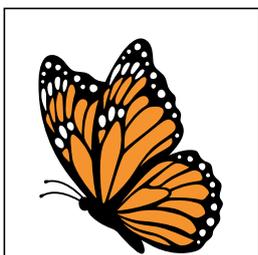
Chrysalis

Caterpillars make hard cases around themselves for protection while they recreate their whole bodies into a ...



Caterpillar

The striped monarch caterpillar hatches from an egg and eats lots of milkweed leaves to grow big and strong.

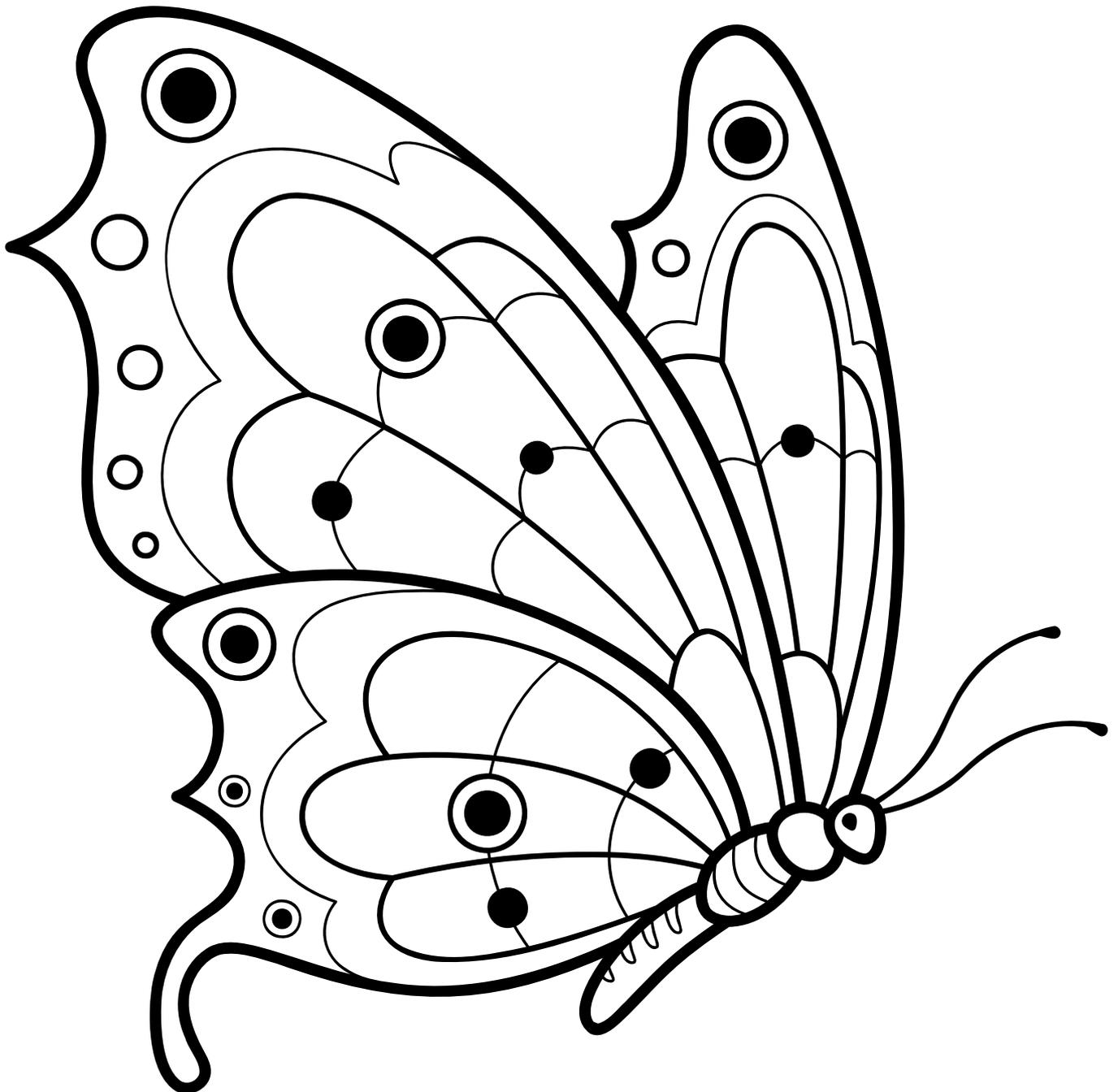


Milkweed

This special plant is the only place monarchs lay their eggs. Its leaves are food for baby caterpillars.

Beautiful Butterflies

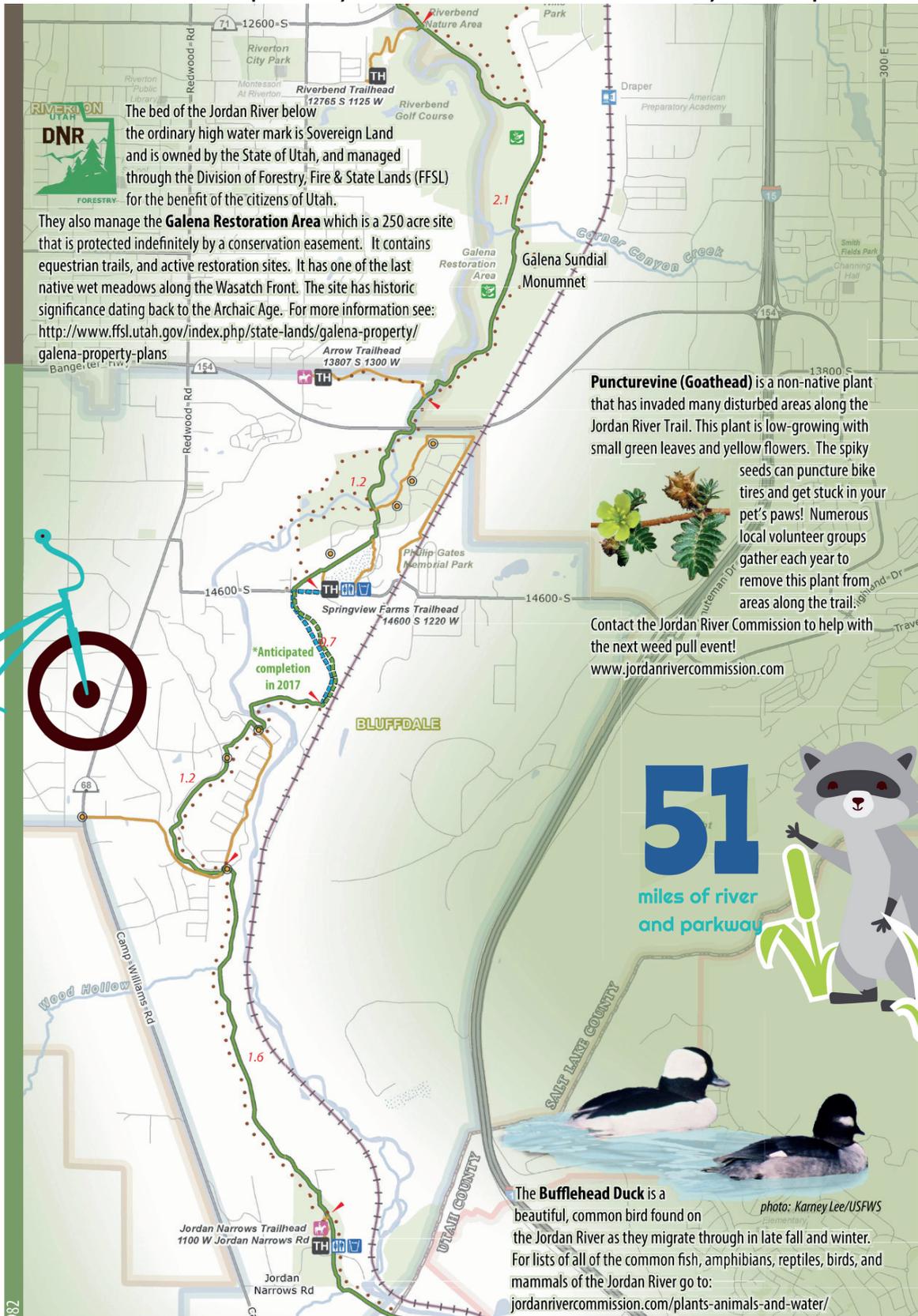
Butterflies brighten up the Jordan River with their colorful wings. Color this butterfly any way you like—bright, bold, or just like the monarchs you see along the river.



Be a Jordan River Trail Explorer!

Wow! The Bluffdale section of the Jordan River Trail is full of cool things—birds, bugs, flowers, and more. There are over 46 miles of total trails from Utah Lake to Salt Lake—so many adventures are waiting for you!

Mark all the places you hiked and discovered on your map.



46 miles of trail

51 miles of river and parkway



Birds Along the River

200
species of birds



Birds Along the Jordan River

Hey, Junior Rangers! Did you know that over 200 kinds of birds visit the Jordan River? Some live here all year, and some stop by while migrating. With Utah Lake and the Great Salt Lake nearby, this river is like a giant bird playground!

Some birds—like the willow flycatcher, gray catbird, and yellow-billed cuckoo—are rare or hard to spot along the Jordan River. But don't worry! Others, like the black-billed magpie, barn swallow, mourning dove, western meadowlark, non-native starlings, red-winged black bird and ring-necked pheasants are always busy flitting and flying around.

Match the Bird to its Description



I'm noisy, Many birds like me migrate south in colder months, but the ones along the Jordan River usually stay close all year. I often fly in V-shaped formations.



This bird is a speedy flyer with a forked tail. It builds mud nests under bridges and roofs, and you'll often hear its cheerful chirps as it swoops to catch insects in the air.



This tiny falcon is one of the smallest raptors in North America. It can hover in mid-air while hunting and loves to perch on fence posts or power lines, scanning for insects and small prey.



Tall and graceful, this bird wades slowly through the water on long legs, waiting to snatch fish with its sharp beak. With a wingspan as wide as you are tall (or bigger!), it's one of the easiest birds to spot along the river.

Explore More

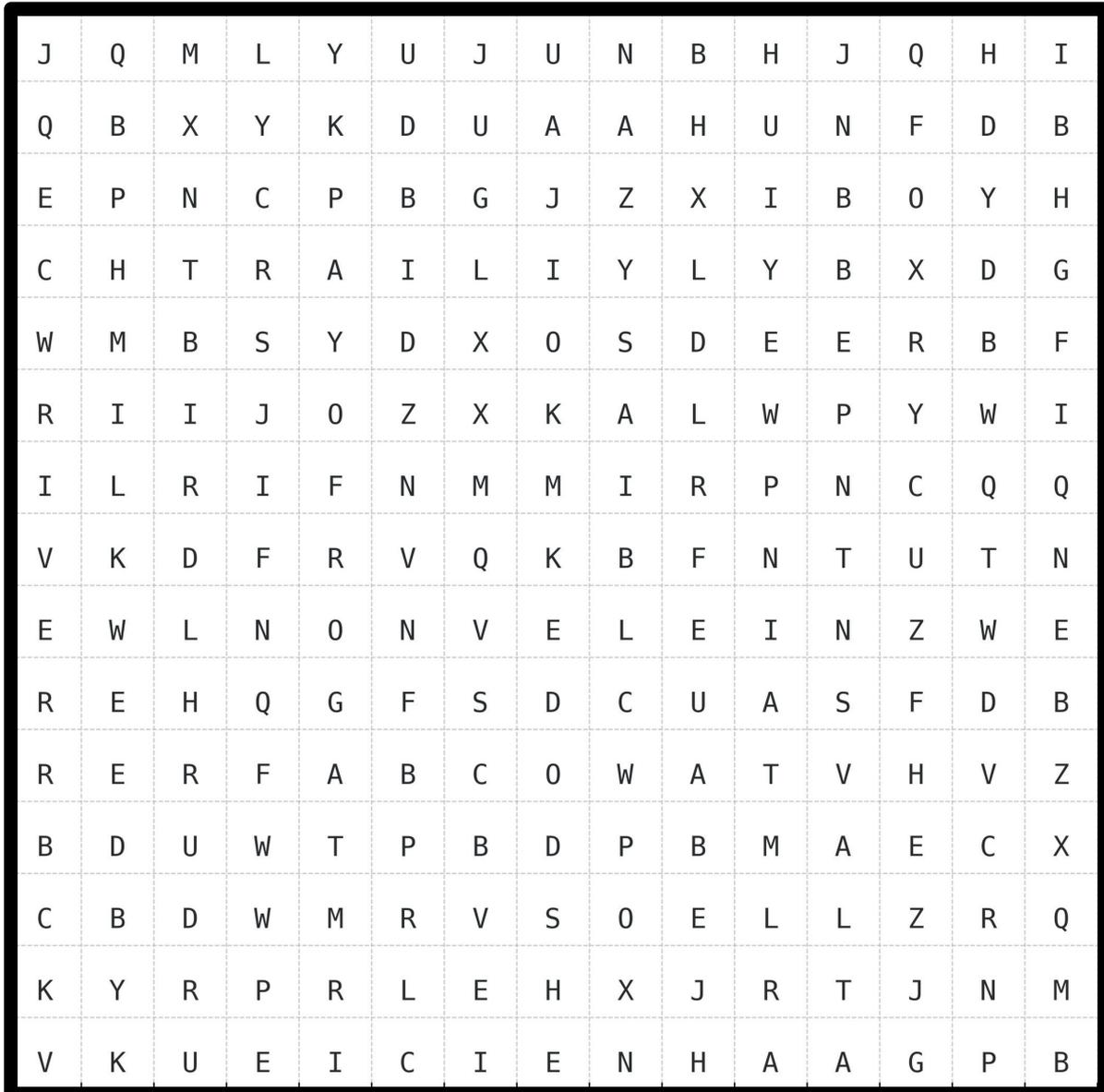
Check out photos and hear bird songs at the Jordan River Commission's bird page!

jordanrivercommission.gov

Word Search

Jordan River Word Search

The Jordan River is full of amazing plants and animals! Can you find the hidden words about the river and the creatures that live there? Look up, down, backwards, and sideways to find them all!



Word List

- | | |
|--------|----------|
| River | Fish |
| Trail | Bird |
| Beaver | Frog |
| Deer | Tree |
| Fox | Milkweed |

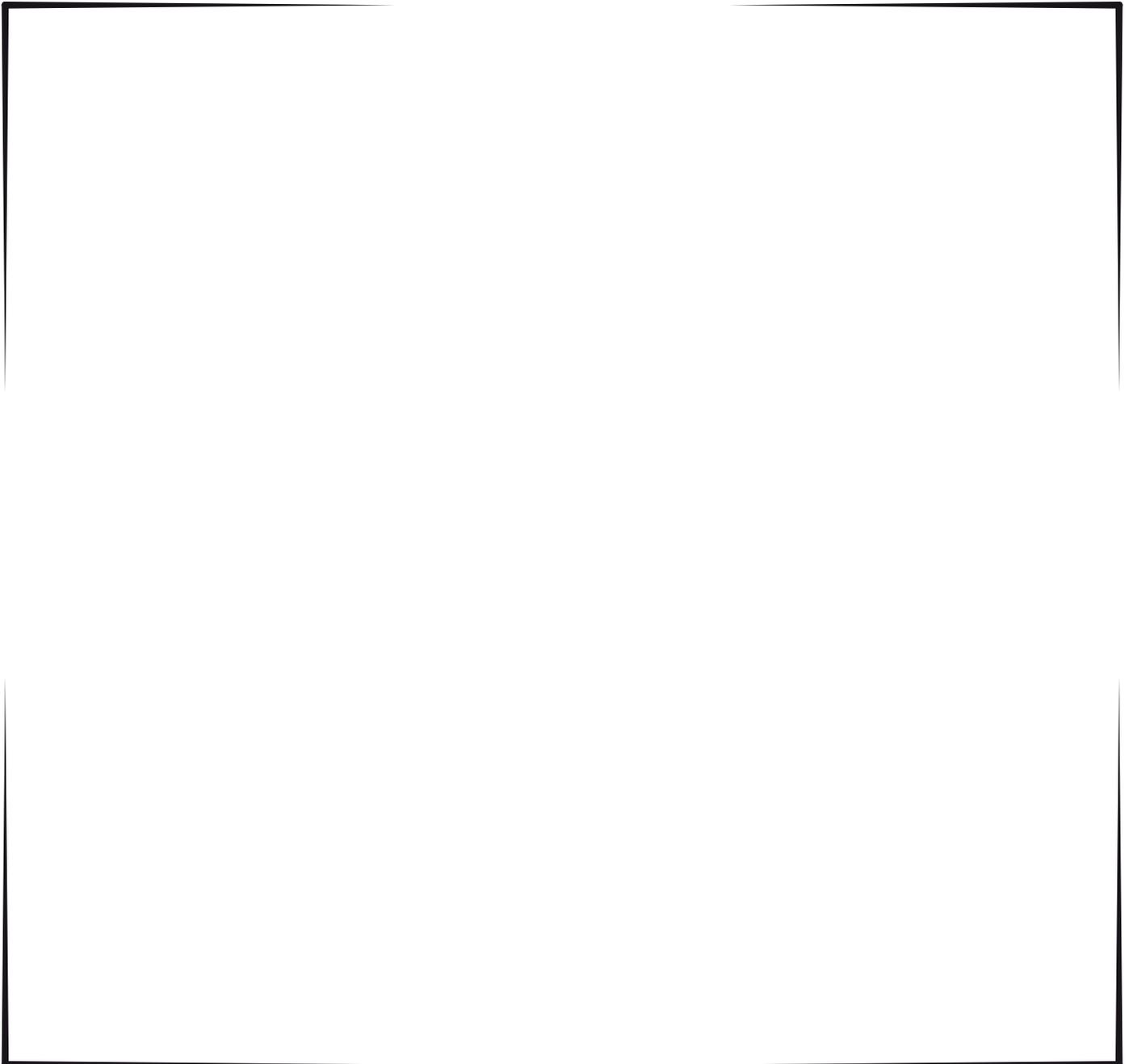


Reflect and Draw

The River Inspires

People find inspiration along the Jordan River. Artists paint it, poets write about it, and families come to enjoy its beauty. The sights and sounds of the river—flowing water, tall trees, and colorful birds—can spark new ideas and creativity.

Find a quiet spot by the river. Take a deep breath, look around, and draw a picture of something that inspires you!



What Do You Think?

Sit Quietly by the River

Find a quiet spot near the Jordan River. Sit still, close your eyes, and use your senses to explore. Then answer the questions below.

What do you hear?

What do you smell?

What do you see?

What do you feel?

How can you help protect the Jordan River?



Junior Ranger Pledge

Please Raise Your Hand and Repeat The Pledge to Your Parent

I, _____, promise to explore,
to discover, to learn, and to care.

I will protect the Jordan River
and all the animals and plants that live there.

I will share what I learn,
and help others see
how special the Jordan River is—
for you, and for me!



Junior Ranger Signature

City Hall Signature





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EST. 1848

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Visit GetToTheRiver.org for more information.



Check out events happening all month long! Scan Here